

CONTENTS

ABSTRAK	iv
ABSTRACT	v
DECLARATION.....	vi
STATEMENT	vii
ACKNOWLEDGMENTS	ix
CONTENTS.....	xi
LIST OF FIGURES	xiv
LIST OF CONTENTS	xv
LIST OF APPENDIXS	xvi
CHAPTER I	1
1.1. Background of Research.....	1
1.2. Statement of Problem.....	2
1.3. Objective Research	3
1.3.1.General Objective	3
1.3.2.Specific Objective.....	3
1.4. Benefit of Research.....	4
1.4.1.Benefit for the Community	4
1.4.2.Benefit for the Institution.....	4
1.4.3.Benefit for the Researcher	4
1.5. Authenticity of research.....	4
CHAPTER II.....	7
2.1. Blood Pressure	7
2.2. Hypertension.....	7
2.2.1.Definition	7
2.2.2.Classification	7
2.2.3.Pathogenesis.....	9
2.2.4.Risk Factor.....	10
2.2.5.Signs and Symptoms.....	10

2.2.6.Hypertension Management.....	10
2.3. Goldenberry (<i>Physalis peruviana L.</i>).....	13
2.4. Cucumber (<i>Cucumis sativus L.</i>).....	16
2.5. Sprague Dawley Rats.....	17
2.6. Sodium Chloride (NaCl).....	19
2.7. Halal Food and Beverage.....	20
2.8. Halal Critical Point	21
2.9. Theoretical Framework.....	23
2.10.Conceptual Framework	24
2.11.Hipotesis	24
CHAPTER III	25
3.1. Types of Research and Sampling Method	25
3.2. Place and Time of Research	25
3.3. Group Design	25
3.4. Research Variable	26
3.5. Operational Definition.....	26
3.6. Population and Subject of Research.....	27
3.7. Research Instrument	28
3.8. Research Procedure	28
3.8.1. Material Search	28
3.8.2. Calculation of Dosage and Juice Making Process	28
3.8.3. Making Hypertensive Model of Rats.....	30
3.8.4. Blood Pressure Measurement	30
3.8.5. Termination Process.....	31
3.9. Data Processing	31
3.10. Halal Identification.....	32
3.11. Research Ethics.....	31
3.12. Timeline of Research.....	32
3.13. Weakness and Limitation of Research.....	32
3.14. Research Flow	33

3.15. Timeline of Treatment	34
CHAPTER IV.....	35
4.1. Result.....	35
4.1.1. Weight of Rats.....	35
4.1.2. Systolic Blood Pressure After Induction.....	36
4.1.3. Systolic Blood Pressure After Treatment.....	37
4.1.4. Halal Product Identification.....	38
4.2. Discussion	39
CHAPTER V	49
5.1. Conclusion	49
5.2. Recommendation	49
BIBLIOGRAPHY	51
APPENDIXS.....	63

LIST OF FIGURE

Figure 2.1. Renin-angiotensin Mechanism	10
Figure 2.2. Goldenberry	14
Figure 2.3. Sprague-Dawley	17
Figure 2.4. Sodium Chloride.....	18
Figure 2.5. Halal Decision Tree	20
Figure 2.6. Theoretical Framework.....	22
Figure 2.7. Conceptual Framework	23
Figure 3.1. Flow Chart of Juice Making.....	31
Figure 3.2. Identifying Process	32
Figure 3.3. Research Flow	33
Figure 4.1. Average Body Weight Graph	36
Figure 4.2. Average Blood Pressure Chart.....	38
Figure 4.3. Flow Chart of Making Juice	39

LIST OF TABLES

Table 1.1. Authenticity of Research.....	5
Table 2.1. Hypertension Classification based on JNC VII	8
Table 2.2. Goldenberry Content.....	15
Table 2.3. Nutrition content of 100-gram cucumber.....	17
Table 3.1. Research Design.....	25
Table 3.2. Operational Definition	26
Table 3.3. Timeline of Research	33
Table 3.4. Timeline of Treatment.....	34
Table 4.1. Description Body Weight of Rats (g).....	35
Table 4.2. Blood Pressure Level Before and After Induction	36
Table 4.3. Blood Pressure Level Before and After Treatment	37
Table 4.4. The Result of One Way ANOVA Test	37
Table 4.5. Duncan Analysis	38

LIST OF APPENDIXS

Appendix 1. Ethical Clearence Letter.....	63
Appendix 2. Laurence Converntion Table	64
Appendix 3. Body Weight.....	65
Appendix 4. Blood Pressure	67
Appendix 5. Halal Decission Tree	69
Appendix 6. Halal Identification.....	70
Appendix 7. Nutrition Content of Comfeed AD II	71
Appendix 8. Statistic Analyze.....	72
Appendix 9. Documentation	76