

ABSTRAK
FAKTOR RISIKO KEJADIAN GIZI KURANG PADA BALITA ETNIS JAWA
DAN ETNIS SUNDA

Minkhatulmaula
3720167281514

LATAR BELAKANG. Gizi kurang merupakan salah satu masalah gizi di Indonesia, penderita didominasi oleh balita yang memberikan dampak buruk terhadap kualitas sumber daya manusia. Perbedaan budaya dapat menjadikan salah satu faktor penyebab terjadinya gizi kurang, pandangan budaya terhadap sebuah makanan dapat menghalang pertumbuhan balita untuk mendapatkan makanan yang seharusnya. Prevalensi gizi kurang pada Balita di provinsi Jawa Timur sebesar 13.43% sedangkan prevalensi gizi kurang di Provinsi Jawa Barat sebesar 12.20%. Penelitian ini bertujuan untuk mengetahui faktor risiko yang mempengaruhi kejadian gizi kurang pada anak balita di Etnis Jawa dan Etnis Sunda.

METODE. Jenis penelitian ini adalah studi analitik observasional dengan desain *case control*. Sebanyak 66 sampel dipilih secara *cluster random sampling*, 145 pada Etnis Jawa dan 62 pada Etnis Sunda. Penelitian dilakukan dari Januari sampai Maret 2020. Pengumpulan data dilakukan dengan penimbangan berat badan, dan wawancara kuesioner. Pengolahan data dengan analisis univariat dan bivariat menggunakan uji *Chi-square*.

Terdapat 87,9% ibu balita Etnis Jawa yang memiliki pengetahuan rendah tentang gizi dan 81,5% ibu balita yang berpengetahuan rendah tentang gizi pada Etnis Sunda. Berdasarkan hasil uji statistik didapatkan ada hubungan bermakna antara pengetahuan ibu pada Etnis Jawa dan Sunda terhadap kejadian gizi kurang (*p-value* 0,000) dan ada hubungan antara berat badan lahir dengan kejadian gizi kurang pada Etnis sunda (*p-value* 0,000), namun pada Etnis Jawa, dan tidak ada hubungan antara pola asuh makan, personal hygiene dan sanitasi serta status ekonomi pada Etnis Jawa dan Sunda terhadap kejadian gizi kurang.

SIMPULAN. Faktor risiko yang berhubungan dengan kejadian gizi kurang pada balita Etnis Jawa dan Etnis Sunda adalah pengetahuan ibu dan ada hubungan yang bermakna pada berat badan lahir terhadap kejadian gizi kurang pada balita Etnis Sunda

KATA KUNCI : balita, etnis jawa, etnis sunda, gizi kurang

ABSTRACT
UNDER NUTRITION RISK FACTOR AT TODDLERS IN JAVA AND SUNDA
ETHNIC

Minkhatulmaula
3720167281514

BACKGROUND. Under Nutrition is one of the nutritional problems in Indonesia, sufferers are dominated by toddlers who have a bad impact on the quality of human resources. Cultural differences can make one of the factors causing under nutrition, cultural views of a food can inhibit the growth of toddlers to get the food they should. The prevalence of under nutrition in toddlers in East Java Province is 13.43% while the prevalence of under nutrition in West Java Province is 12.20%. This study aims to determine the risk factors that influence the incidence of under nutrition by toddlers in Javanese Ethnic and Sundanese Ethnic

METHOD. This type of research is an observational analytic study with case control design. Samples were selected by cluster random sampling, 145 in Javanese Ethnic and 62 in Sundanese Ethnic. The study was conducted from January to March 2020. Data collection was carried out by weighting, and questionnaire interviews. Data processing with univariate and bivariate analysis using *Chi-square* test.

THE RESULTS. There are 87.9% of mothers in Javanese ethnicity who have low knowledge about nutrition and 81.5% of mothers who have low knowledge about nutrition in Sundanese ethnicity. Based on the results of statistical tests found there is a significant relationship between maternal knowledge of Javanese and Sundanese ethnicity on the incidence of under nutrition (p-value 0,000) and there is a relationship between birth weight and the incidence of under nutrition in Sundanese ethnicity (p-value 0.000), but there is no relationship in Javanese ethnicity, and there is no relationship between dietary care , personal hygiene and sanitation as well as economic status in Javanese and Sundanese ethnicity on the incidence of under nutrition by toddlers in Javanese Ethnic and Sundanese Ethnic.

CONCLUSION. Risk Factors associates with the incidence of under nutrition in toddlers Ethnic Javanese and Sundanese Ethnic are knowledge of mother and and there is a significant relationship on birth weight to the incidence of under nutrition in ethnic Sundanese toddlers.

KEYWORDS : Javanese Ethnic, Sundanese Ethnic, Toddler, Under Nutrition