

CHAPTER I

INTRODUCTION

A. Background of the study

No nation can progress without progress in the field of education. Without advancements and developments in the sphere of education, a nation cannot advance. Education is a conscious and planned effort to create a learning atmosphere and learning process where students actively develop their potential to have religious spiritual strength, self-control, personality, noble character, as well as the skills needed by themselves, society, nation, and state, according to Law No. 20 of 2003 about the national education system, article 1 paragraph 1.¹

Education has a vital role in shaping human personality through the process of planning and development, which aims to create strong human resources. The main purpose of education is to educate the nation's life and develop individual potential to the fullest.²

Education is essentially a process of knowledge transformation towards the improvement, strengthening and refinement of all human potential. Education lasts throughout life and can be done anywhere and anytime humans want and are able to carry out the educational process.³

Education is a very important part of improving the quality of a person's life. This allows them to develop their potential and gain knowledge about many things. Education is obtained formally, which is achieved by participating in Various programs and activities sponsored by agencies. In non-formal

¹ Fitriyani, "The Influence of Learning Discipline and Learning Motivation on Student Learning Outcomes in the Learning of IPS Students Class V Min 1 Bima", Thesis (Malang: Universitas Islam Negeri Maulana Malik Ibrahim, 2022).

² Hessal Alif, Amin Pujiati, and Arief Yulianto, "The Effect of Teacher Competence, Learning Facilities, and Learning Readiness on Students' Learning Achievement Through Learning Motivation of Grade 11 Accounting Lesson in Brebes Regency Vocational High School", *Journal of Economic Education*, vol. 9 (2020), pp. 150-60.

³ Hanif Fitrianto, "The Roles of Islamic Education in Building Self-Regulated Learner in the Era of Distance Education," *At-Ta'dib* 15 (2020): 84-109.

education, that is with knowledge obtained by an individual both from everyday life and experience obtained from other people⁴.

It is believed that meeting pupils' needs has a direct impact on everything they do in the classroom. Salmeto defines learning as an individual's process of trying to alter his entire behavior in response to his experiences interacting with his surroundings. Learning motivation is one of the key elements that determines a student's academic achievement. It acts as an internal motivator in the classroom, inspiring learners to take on challenges, engage in the learning process, and meet their academic objectives. If schools are able to address the needs of their pupils, they can have an impact on their academic achievement.⁵

Student performance during the learning process is influenced by various factors, including their experience, their motivation to learn, their belief in the importance of education, success, and their abilities. "A dynamic situation that is based on the perception that a student can have about himself and his environment that encourages him to choose an activity, get involved in it, and persevere in completing it to achieve the goal" is the definition of motivation in learning.⁶

In addition to the school's duty to help the development of students, we need to ensure that students feel comfortable when participating in teaching and learning activities at school. It is very important to ensure that students feel comfortable while learning in school, especially in the classroom. This is

⁴ Muhimmatul Hasanah And Sutomo, "The Influence Of School Well-Being On Student's Learning Motivation In Madrasah Aliyah Ma'arif 7 Sunan Drajat Lamongan", *Ummulqura: Jurnal institut pesantren sunandrajat (Insud) Lamongan*, Vol. 15 (2020), pp. 114–23.

⁵ Yenti Kabel, "The Relationship Between School Well Being and Self-Regulation in Learning in Students" (Pekanbaru: Universitas Islam Riau, 2021).

⁶ Birutė Anuziene, "Dynamics Of Learning Motivation/ De-Motivation In The Context Of Teachers' Competencies In Learning Motivation", *Rėzeknes Tehnologiju Akademiia*, vol. 1 (2020), pp. 26–44.

important to ensure that students receive lessons in a positive, non-violent, motivating, appreciative, logical, and long-term way.⁷

The educational process involves many factors that influence and support its smoothness, and one of the important factors is the existence of structured and well-organized learning motivation for students. Prawita mentioned that learning motivation is of course everything that aims to encourage someone to try harder to learn and achieve better performance. An organism's motivation is a sophisticated statement that guides action toward a target or reward. A mental force that influences and guides human conduct, especially learning behavior, is known as motivation.⁸

An ideal school is a school that allows students to reach their maximum potential by providing enrichment (a sense of well-being) to their students. Student welfare has an impact on almost every aspect of optimizing student performance in school.⁹ School is a second home for children. Therefore, school life and children's experiences greatly affect their mental health conditions after adulthood.¹⁰

Pelana stated that, related to the fact that children's involvement is the main component in creating a pleasant school, children's involvement in school activities can have an impact on a better level of school well-being. In terms of school safety, the impact affects students' desire to learn, their comfort in the school environment, their ability to observe and understand the difficulties they face, and their ability to adapt and survive in a difficult environment. Students

⁷ Eva Nur Rachmah, "The Influence of School Well Being on Students' Learning Motivation", *Psychosains* , Vol. 11 (2016), pp. 99–108.

⁸ Prawita, "Educational Psychology in a New Perspective", *Ar-Ruzz Media* (2016).

⁹ Aldia Rasyid, "The Concept and Urgency of the Implementation of School Well-Being in the World of Education", *Basicedu Journal* , Vol. 05 (2021), pp. 376–82.

¹⁰ Novi Poespita And Muhammad Nur Rizal, "Enjoying School: The Concept of Schools That Promote Well-Being Based on the Voices of Children, Parents, and Teachers in Indonesia: Grounded Analysis", *Journal of Integrative Psychology* , Vol. 09 (2021), pp. 76–94.

should feel happy and safe when going to school because the mental health of students correlates with their well-being.¹¹

The concept of "school well-being" considers a variety of variables that impact students' well-being and seeks to guarantee that, as seen from the students' point of view, their fundamental needs are satisfied in the classroom. Four elements are distinguished in the idea of school well-being: having (school conditions), loving (social interactions), becoming (self-fulfillment), and health. Together, these four factors make up the idea of school well-being.¹²

According to Hascher, the quality of experiencing well-being at school is defined by the predominance of positive sentiments and thoughts about the school, its students, and its surroundings over negative feelings and thoughts about school life. A subjective, emotional, and cognitive assessment of school reality is known as well-being in education. It is characterized by an imbalance between good and negative features that reinforce positive characteristics.¹³

Sociological theory about well-being (having, loving, and being) from Allard is the basis of the concept of well-being. Several tools, such as the life satisfaction index, have been used to measure well-being and concepts related to it.¹⁴ All stakeholders in the world of education, including teachers, parents, and school administrators, need to pay attention to the physical environment of the school, the social relationship between students, the relationship between school and home, as well as the school climate to ensure the well-being of students.¹⁵

¹¹ Hanny Mentari, "School Well-being of Senior High School students in the Indonesian Region: A Review of the Literature", *Riwayat: Educatinal Journal of History and Humanities*, vol. 6 (2023), pp. 2168–73.

¹² Faizah Faizah, Ulifa Rahma, And Yuliezar Perwira, "School Well-Being Elementary School Students And Junior High School Students Using The Full-Day School System In Indonesia", *Journal of Guidance and Counseling Studies*, Vol. 05 (2020), pp. 34–41.

¹³ Tina Hascher, "Swiss adolescents' well-being in school", *Swiss Journal of Educational Research*, vol. 2 (2020), pp. 367–90.

¹⁴ Rashid, "The Concept and Urgency of Applying School Well-Being in the World of Education".

¹⁵ Innovative Guru, "Getting to Know the Concept of School Well-Being: Education that Transcends Academic Boundaries", *Dunia Pendidikan* (2024),

As per Konu and Rimpela, who embraced Arardo's notion of well-being, school well-being pertains to the circumstances in schools that facilitate pupils in fulfilling their fundamental requirements. Due to a balance between the environment's impact, each person's needs, and the expectations of their peers, students have a pleasant emotional life at school.¹⁶ The well-being of students at school will increase student achievement, both in academic and non-academic terms.

The research of Muhimmatul Hasanah and Sutopo stated that there is an influence of school well-being on the learning motivation of Madrasah Aliyah 7 Sunan Drajat Lamongan students¹⁷. This research shows that factors such as the state of the learning environment and the teacher's teaching method have a significant impact on students' learning motivation. A conducive learning environment can trigger students' enthusiasm for learning, while adequate facilities also play an important role in increasing learning motivation. The availability of facilities that support each learning activity can increase student satisfaction and facilitate the understanding of learning material.

Darul Huffadz Boarding School which is part of SMPIT (Integrated Islamic Middle School) is an Islamic-based school that focuses on education and the development of Al-Qur'an memorization. Students live in the dormitory provided by the school. SMPIT Darul Huffadz integrates Islamic religious education into the national curriculum with a focus on the Qur'an, hadith, fiqh, and moral beliefs. Caregivers who teach in boarding schools, Not only do they impart knowledge in formal classes, but they also engage in knowledge-sharing

<https://Guruinovatif.Id/Artikel/Mengenal-Konsep-School-Well-Being-Pendidikan-Yang-Melampau-Batas-Akademik>, Accessed 24 Feb 2024.

¹⁶ Ghazali Fauzia, "School Well-Being Relationship and Academic Self-Efficacy of First Middle School Students" (Universitas Brawijaya, 2018).

¹⁷ Hasanah, "The Influence of School Well-Being on Students' Learning Motivation at Madrasah Aliyah Ma'arif 7 Sunan Drajat Lamongan".

while in the dormitory. Supervising the students' worship, supporting their learning, and overseeing their daily activities.¹⁸

Memorizing the Qur'an is one of the main focuses in this school. Students are given special programs meant to improve their memorization, often with specific goals to be achieved during college. Students live in a dormitory that supports their academic and religious education at a boarding school typically offer various extracurricular activities in alongside formal education to develop students' talents and interests. This includes sports, arts, and student organizations.

Based on the results of an interview with one of the teachers at SMPIT Darul Huffadz, it was states that school has been implementing an independent curriculum for the past 2 academic years, where learning activities are assessed based on the in terms of the learning environment, children's readiness, abilities and learning styles. And so it is said that many students lack motivation to learn due to environmental factors and individual factors. For the environmental factor, it is often observed that school infrastructure is not adequately fulfilled and there are still many students who engaged in bullying. On the individual level, students are preoccupied with their own world of play.

In addition, the phenomenon found in the research of Idol, Sano, and Khairani showed that out of seven students at UNP Padang Laboratory Development Junior High School on October 17, 2012, four of them mentioned that they were unable to concentrate on their studied due to the disruptive noise from vehicles. Furthermore, two students complained about the inappropriate location of the school, infrastructure and media that are not complete, and so on. One student also mentioned that the teacher is not good and that the media teaches him poorly. In this situation, there is a phenomenon of students who often leave the class and are more interested in playing outside. This leads to a

¹⁸ Robiah, Sumarno, and Melda Diana, "The Effect of Boarding School Program on Learning Achievement of High School Students Ihsan Boarding School Riau", *Journal of Ptk Dan Pendidikan* , Vol. 6 (2020), pp. 32–9.

disruption in their focus and diminishes their drive to learn. As a consequence, the enthusiasm and motivation of students to follow lessons in the classroom decreased.¹⁹

An unpleasant educational environment can lead to tension, boredom, isolation, loneliness, and depression among students. These circumstances will alter a person's view of the school. Konu and Rimpela state that the indicator of students' subjective opinion of how well the institution is meeting its needs as a health school. As a result, school well-being contributes to the accomplishment of the institution's objectives, the development of a positive learning atmosphere, and the understanding of what factors contribute to students' academic success and school comfort.

School well-being is defined as the state in which students feel comfortable, safe, and satisfied with their school environment. Various aspects of well-being include physical, psychological, social, and learning environment well-being. Students who have well-being in school tend to have a more positive attitude toward learning, feel more motivated, and more enthusiastic to achieve the student's academic goals.²⁰

However, not many studies have studied the relationship between school happiness and students' desire to study in boarding schools, especially in integrated Islamic schools such as SMPIT Darul Huffadz. Considering the significance of these two factors in determining a student's educational success, conducting this research becomes relevant.

Based on the above problems, regarding the motivation to learn in students and its relationship with school well-being, it is important to study further. The researcher is interested in studying the influence of school well-

¹⁹ Sona Idol, Afrizal Sano, and Khairani, "Hubungan Antara Persepsi Siswa Tentang Keadaan Lingkungan Fisik Sekolah Dengan Motivasi Belajar. Jurnal Pendidikan Indonesia.," 2016.

²⁰ Ulfa Tahta Alvina, "The Relationship between School Well-Being and the Motivation to Study of Students of Smp Negeri 42 Pekanbaru" (Riau: Universitas Islam Negeri Sultan Syarif Kasim Riau, 2022).

being on learning motivation in students at SMPIT Darul Huffadz Boarding School.

B. Problem Formulation

Is there an influence of school well-being on the student learning motivation at SMPIT Darul Huffadz Boarding School students?

C. Purpose Of The Study

To find out the influence of school well-being on the student learning motivation at SMPIT Darul Huffadz Boarding School.

D. Benefits Of The Study

1. Theoretical

It is hoped that this research can contribute to the field of psychology, particularly educational psychology. Provide a detailed, objective, and balanced of school well being and see the influence on student learning motivation at SMPIT Darul Huffadz Boarding School.

2. Practical

a. Benefits for students.

Through this research, we aim to enhance student learning motivation by promoting school well-being.

b. Benefits for teachers

If this research is confirmed, teachers will have the opportunity to increase their focus to their students both in the classroom and outside the classroom.

c. Benefits for school.

Through this research, it is expected to provide a reference for the school to be better in creating a comfortable environment for students to support their learning process.

E. Systematic Writing

This research is expected to be structured in a systematic and directed manner, therefore the researcher will explain the systematicity of the

discussion. In this research, there are 5 chapters in which there are several sub-chapters. The explanation is as follows.

Chapter I, The first chapter explains the contents of the background of the study, the problem formulations, the purposes of the study, the benefits of the study, and the writing systematics.

Chapter II, This chapter contains the theoretical frameworks and previous studies. This chapter will discuss some theories, namely: School Well-Being, and Students Learning Motivation.

Chapter III, Research Methodology explains research place and time, population and sample, data collection techniques, validity testing and instrument reliability calculations, data analysis techniques, and statistical hypotheses.

Chapter IV, Research Results and Discussion describe the description of the presentation of data that is broken down into general data and special data, Analysis of research data that is broken down into descriptive analysis, testing of analysis requirements, and hypothesis testing, and discussion of research findings.

Chapter V, Conclusion which states the conclusion and recommendations of this research.