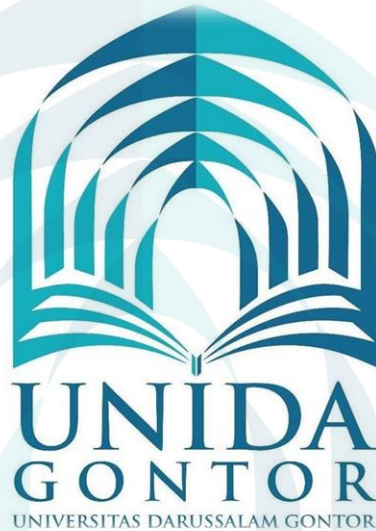


**THE QUR'ANIC LAW OF ATTRACTION: A SEMANTIC ANALYSIS OF
THE EXPLORATION OF AŞ-ŞABR AND ITS ROLE IN SHAPING
REALITY**



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**THE QUR'ANIC LAW OF ATTRACTION: A SEMANTIC ANALYSIS OF
THE EXPLORATION OF AŞ-ŞABR AND ITS ROLE IN SHAPING
REALITY**

THESIS

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In Partial Fulfillment of Requirement
For Bachelor Degree**

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ABSTRAK

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Konsep kesabaran atau '*aş-şabr*' dalam Al-Qur'an menunjukkan tantangan multifaset dalam pengalaman manusia dan pengembangan diri. Di tengah masyarakat yang mengutamakan kepuasan instan, individu sering kali mengalami kesulitan dalam mengembangkan sikap sabar, yang berkontribusi pada perasaan frustrasi dan ketidakpuasan. Kesalahpahaman mengenai makna sesungguhnya dari *aş-şabr* sering kali membuat masyarakat meremehkan dan mengabaikan peran pentingnya dalam kehidupan.

Penelitian ini menggunakan metode deskriptif yang dilanjutkan pendekatan semantik dalam *manhaj mauḍū'iy al-Burhāniy*. Dengan mengkaji penggunaan kata *aş-şabr* dalam konteks yang berbeda dalam Al-Qur'an, penelitian ini bertujuan untuk memberikan pemahaman yang lebih mendalam tentang peran kesabaran dalam menarik hasil yang positif. Melalui analisis ini, diharapkan akan terbukti adanya korelasi yang jelas antara kata *aş-şabr* dalam Al-Qur'an dengan prinsip-prinsip *Qur'anic Law of Attraction*.

Hasil penelitian ini menemukan keterkaitan erat antara Hukum Ketertarikan (LoA) dan *aş-şabr* melalui analisis semantik Al-Qur'an. Konsep *aş-şabr* dalam Al-Qur'an mencakup makna multidimensional seperti ketahanan (*tahammul dan tajallud*), empati dan kebijaksanaan (*al-ḥilm*), pengendalian diri (*kāzim*), dan keteguhan hati (*şabat*). Kesabaran ini berfungsi sebagai alat penting untuk mengelola tantangan, meningkatkan ketahanan emosional, dan mendorong pengendalian diri, sehingga memungkinkan individu mengembangkan strategi efektif dalam menghadapi hambatan. Lebih dari itu, *aş-şabr* sejalan dengan Qur'anic Law of Attraction, yang menekankan hubungan antara pikiran positif, rasa syukur, usaha yang konsisten, dan keselarasan dengan kehendak ilahi dalam membentuk hasil yang diinginkan. Cognitive Behavioral Therapy (CBT) mendukung hal ini dengan membantu mengelola pikiran dan emosi, menciptakan stabilitas untuk menjaga energi positif dan mencapai tujuan hidup. Dengan ini *aş-şabr* memiliki peran signifikan tidak hanya dalam menghadapi, tetapi juga dalam membentuk realitas kehidupan. Secara personal, *aş-şabr* memperkuat pengendalian diri dan ketahanan emosional, memungkinkan individu mengelola stres dan tantangan hidup dengan lebih efektif. Dalam konteks sosial, *aş-şabr* berkontribusi pada harmoni komunitas, dan meningkatkan kerja sama, yang pada akhirnya membentuk fondasi bagi stabilitas sosial, dan pemenuhan spiritual sesuai dengan prinsip-prinsip ilahi.

Penelitian ini masih jauh dari sempurna dalam meneliti hubungan antara Law of Attraction dan konsep *aş-şabr* dalam Al-Qur'an. Mengingat kompleksitas yang terlibat dalam upaya ini, peneliti berharap bahwa para peneliti selanjutnya dapat menyempurnakan dan memperdalam kajian ini, sehingga menghasilkan penelitian yang lebih baik dan berkontribusi pada proses islamisasi ilmu pengetahuan.

Kata Kunci: Qur'anic Law of Attraction, *Aş-şabr*, Analisis Semantik, *manhaj mauḍū'iy al-Burhāniy*

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ABSTRACT

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The Qur'an's concept of patience, or *aş-şabr*, reveals the multifaceted challenges involved in human experience and self-development. In a society prioritizing instant gratification, individuals frequently struggle to develop a patient attitude, contributing to frustration and dissatisfaction. Misunderstandings about the true meaning of *aş-şabr* usually lead people to underestimate and overlook its vital role in life.

This research employs a descriptive method followed by a semantic approach within the framework of *Manhaj Mauḏū'iy al-Burhāniy*. By examining the use of the term *aş-şabr* in various contexts in the Qur'an, this study aims to provide a deeper understanding of the role of patience in attracting positive outcomes. Through this analysis, it is expected to demonstrate a clear correlation between the term *aş-şabr* in the Qur'an and the principles of the Qur'anic Law of Attraction.

This study finds a strong correlation between the Law of Attraction (LoA) and *aş-şabr* through the semantic analysis of the Qur'an. The concept of *aş-şabr* in the Qur'an encompasses multidimensional meanings, such as resilience (*tahammul* and *tajallud*), empathy and wisdom (*al-ḥilm*), self-control (*kāzim*), and steadfastness (*şabat*). Patience is an essential tool for managing challenges, enhancing emotional resilience, and promoting self-control, enabling individuals to develop effective strategies for overcoming obstacles. Furthermore, *aş-şabr* aligns with the Qur'anic Law of Attraction, emphasizing the relationship between positive thinking, gratitude, consistent effort, and alignment with the divine will in shaping desired outcomes. Cognitive Behavioral Therapy (CBT) complements this by aiding in managing thoughts and emotions, fostering stability to maintain positive energy, and achieving life goals. Thus, *aş-şabr* is pivotal in navigating life's challenges and actively shaping its realities. On a personal level, *aş-şabr* strengthens self-control and emotional resilience, allowing individuals to handle stress and life challenges effectively. In a social context, *aş-şabr* contributes to community harmony and enhances cooperation, ultimately laying the foundation for social stability and spiritual fulfillment by divine principles.

This research is far from complete in examining the relationship between the Law of Attraction and the concept of *aş-şabr* in the Qur'an. Given the complexity involved, the researcher hopes that future researchers will refine and deepen this study, contributing to a more comprehensive and scientific exploration that aids in the Islamization of knowledge.

Keywords: Qur'anic Law of Attraction, *Aş-şabr*, Semantic Analysis, *manhaj maudhu'iy al-Burhaniy*

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To Honorable,
Dean of Faculty of Ushuluddin
University of Darussalam Gontor

Bismillahirrahmānirrahīm

Assalāmu'alaikum Waraḥmatullāhi Wabarakātuh

It is my honor to present the thesis written by:

Name : Rohaniwati
Reg Number : 422021238159
The Title : The Qur'anic Law of Attraction: A Semantic
Exploration of *Aṣ-ṣabr* and its Role in Shaping
Reality

I declare that this thesis has been processed and corrected to Fulfill the requirement for the degree of Licentiate in al-Qur'an and Tafsir Studies in the Faculty of Ushuluddin, University of Darussalam Gontor. Therefore, I request that the thesis be examined soon.

Wassalāmu'alaikum Waraḥmatullāhi Wabarakātuh

Mantingan, 28 November 2024 M

26 Jumadal Awal 1446 H

Supervisor,



Assoc. Prof. Dr. Sujiat Zubaidi, M.A.

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Bismillāhirrahmānirrahīm

Assalāmu'alaikum Wr. Wb.

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Name : Rohaniwati

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I partial fulfillment of the requirement for the degree of Licentiate in Al-
Qur'an and Tafseer Studies in the Faculty of Ushuluddin, academic year 1445-
1446/ 2024-2025.

Wassalāmu'alaikum Wr. Wb.

Ponorogo, 16th December 2024 M

14 Jumadal Akhir 1446 H

Dean of Faculty of Ushuluddin,


(Syamsul Hadi Lintang, M.A., M.L.S.) ✨

DECISION OF THE EXAMINERS TEAM

The committee holds the thesis examination in partial fulfillment of the requirements for the degree of Licentiate in Al-Qur'an and Tafseer Studies in the Faculty of Ushuluddin, University of Darussalam Gontor on:

Day/Date : Thursday, 19th December 2024
Place : Mesir Office 205

the thesis written by:

Name : Rohaniwati
Reg. Number : 422021238159
The Title : The Qur'anic Law Of Attraction: A Semantic Analysis Of
The Exploration Of Aş-Şabr And Its Role In Shaping Reality

decided to grant her pass in the thesis examination. Hence, she is eligible to be awarded the degree of Licentiate in Al-Qur'an and Tafseer Studies in the Faculty of Ushuluddin, University of Darussalam Gontor.

Chief of Examination Board,



Assoc. Prof. Dr. Sujiat Zubaidi, M.A.

Secretary,



Mujib Abdurrahman, Lc., M.Ag.

1 st Examiner : Dr. Asif Trisnani, Lc., M.Ag.



2 nd Examiner : Mujib Abdurrahman, Lc., M.Ag.



Declaration

I hear by,

Name: Rohaniwati

Faculty/ Department : Ushuluddin Al-Qur'an and Tafsir Studies

Reg. Number : 422021238159

The Title : The Qur'anic Law of Attraction: A
Semantic Exploration of *Aş-şabr* and
its Role in Shaping Reality

I sincerely declare that this thesis initially belongs to my work and not other research for different degrees. Furthermore, this thesis is not work published before, except for some parts with their original references.

Otherwise, if it is found that this thesis is plagiarism, I am ready to because academically.

Mantingan, 19 Desember 2024 M

17 Jumadal Akhir 1446 H

Researcher,



Rohaniwati

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Mottoes

من هدى القرآن الكريم
قال الله تعالى في القرآن الكريم
أعوذ بالله من الشيطان الرجيم

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

يَا أَيُّهَا الَّذِينَ آمَنُوا اصْبِرُوا وَصَابِرُوا وَرَابِطُوا وَاتَّقُوا اللَّهَ لَعَلَّكُمْ تُفْلِحُونَ
(سورة آل عمران الآية ٢٠٠)

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Dedication

This thesis is dedicated to:

To the remarkable souls whose worth goes beyond any formal title, yet whose wisdom and kindness shine brightly. To those who, without hesitation, have offered support in my most challenging times, clarity in my moments of doubt, and strength when I needed it most. To my dear parents, who have selflessly given their time, energy, and countless sacrifices to see me succeed; to my family, who has been my unwavering support; and to my lecturers and friends, whose encouragement and guidance have been invaluable throughout this journey. Thank you for being my source of strength.



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Alhamdulillah, I am endlessly grateful for the patience and clarity He provided in moments of struggle and the inspiration and insight that allowed this work to come to fruition. I recognize that every moment of progress and every piece of knowledge gained is solely by His will. May this work serve a purpose that is pleasing to Him, and may it benefit those who seek knowledge.

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7. All friends in the Virtuous Generation cohort during their studies at Universitas Darussalam Gontor.

May Allah grant them a fitting reward and bless them abundantly. May this humble thesis bring value and benefit to the readers, especially to the researcher.

Mantingan, 28 November 2024 H

26 Jumadal Awal 1446 H

Sincerely yours,



Rohaniwati

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