

THESIS

**THE RELATIONSHIP BETWEEN CHRONOTYPE, NUTRITIONAL
STATUS, AND IRON INTAKE WITH THE INCIDENCE OF
DYSMENORRHEA**

(Observational Study on Female Students at Pesantren-Based University)



Arranged by:

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2025

APPROVAL SHEET

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It is hereby stated that the thesis with the title :

**THE RELATIONSHIP BETWEEN CHRONOTYPE, NUTRITIONAL STATUS, AND IRON INTAKE WITH THE INCIDENCE OF DYSMENORRHEA
(Observasional Study on Female Student at Pesantren-Based University)**

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VALIDITY SHEET

It is hereby stated that the thesis with the title :

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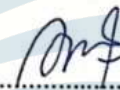
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With all humility, the author apologizes if there are mistakes and shortcomings in the writing period. The author realizes that this writing is far from perfect, so the author hopes for constructive suggestions and criticism to improve the quality of this work. Hopefully, the results of this research can be useful for writers and readers in the future.

Ngawi, February 2025

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AUTHENTICITY STATEMENT

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I sincerely declare that the research contained in this thesis is my own work and has not been plagiarized from any other source. This thesis has never been published before, except for some parts with original references.

If in the future it is found that this work is plagiarism, I am ready to be given administrative and academic sanctions.

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