

# **THESIS**

## **THE INFLUENCE OF HIGH-FAT FOOD LABELING ON SNACKING PATTERNS, FOOD SELECTION ATTITUDES, AND FOOD PURCHASE INTENTIONS IN ADOLESCENT GIRLS**



**Arranged by:**

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2025**

## APPROVAL SHEET

### APPROVAL SHEET THESIS

It is hereby stated that the thesis with the title :

**THE INFLUENCE OF HIGH-FAT FOOD LABELING ON SNACKING PATTERNS,  
FOOD SELECTION ATTITUDES, AND FOOD PURCHASE INTENTIONS  
IN ADOLESCENT GIRLS**

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## VALIDITY SHEET

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With humility, the author apologizes for ant mistakes and shortcomings in the writing period. The author realizes that this writing is far from perfect, so the author hopes for constructive suggestions and criticism in order to improve the quality of this research. Hopefully, the results of this research will be beneficial for author and readers in the future.

Ponorogo, 11 February 2025

A handwritten signature in black ink, appearing to read 'Nishu', is placed on a light blue rectangular background.

Author

The logo of Universitas Darussalam Gontor. It features a stylized blue and white graphic of an open book with arches above it. Below the graphic, the text 'UNIDA GONTOR' is written in large, bold, blue capital letters, and 'UNIVERSITAS DARUSSALAM GONTOR' is written in smaller, blue capital letters below it.

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## AUTHENTICITY STATEMENT

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Thesis Title : The Influence Of High-Fat Food Labeling On Snacking  
Patterns, Food Selection Attitudes, And Food Purchase  
Intentions In Adolescent Girls

I hereby declare that the research contained in this thesis is my own work and does not belong to anyone else. This thesis has never been published before, except for some parts with original references.

If in the future it is found that this work is plagiarism. I am ready to be given administrative and academic sanctions

Ponorogo, 20 January 2025

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