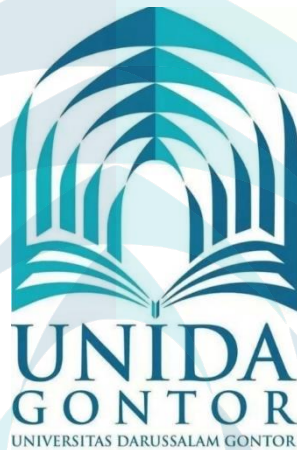


**THE APPLICATION OF HABITUATION METHODS IN INSTILLING
ISLAMIC SPIRITUAL INTELLIGENCE ON CHILDREN WITH MILD
INTELLECTUAL DISABILITY AT SLB PUTRA IDHATA MADIUN**



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**THE APPLICATION OF HABITUATION METHODS IN INSTILLING
ISLAMIC SPIRITUAL INTELLIGENCE ON CHILDREN WITH MILD
INTELLECTUAL DISABILITY AT SLB PUTRA IDHATA MADIUN**

A THESIS

Presented

**In Partial Fulfilment of Requirements to Complete the Licentiate Program
Department of Islamic Education Faculty of Tarbiyah**

By

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ABSTRAK

PENARAPAN METODE PEMBIASAAN UNTUK MENANAMKAN KECERDASAN SPIRITUAL ANAK TUNAGRAHITA RINGAN DI SLB PUTRA IDHATA MADIUN

Ana Walidatush Sholihah
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Anak tunagrahita ringan membutuhkan pendekatan khusus dalam menanamkan kecerdasan spiritual Islam. Metode pembiasaan efektif dalam membentuk kebiasaan ibadah dan nilai-nilai Islam. Keberhasilannya bergantung pada dukungan keluarga, guru, dan lingkungan. Penelitian ini mengkaji penerapan metode pembiasaan serta faktor pendukung dan penghambatnya.

Tujuan Penelitian ini adalah untuk: (1) Untuk mengetahui Penerapan Metode Pembiasaan untuk menanamkan Kecerdasan Spiritual Islam Anak Tunagrahita Ringan di SLB Putra Idhata Madiun. (2) Untuk mengetahui Faktor Pendukung dan Penghambat dalam Penerapan Metode Pembiasaan di SLB Putra Idhata Madiun.

Penelitian ini dilakukan dengan metode penelitian kualitatif dengan pendekatan studi lapangan dengan mengambil setting tempat penelitian di SLB Putra Idhata Madiun pada bulan Mei-Desember 2024. Metode pengumpulan data menggunakan observasi, wawancara, dan dokumentasi. Metode analisis data dalam penelitian menggunakan analisis interaktif dengan langkah pengumpulan data, reduksi data, penyajian data dan kesimpulan.

Dari penelitian ini diperoleh kesimpulan bahwa: (1) Penerapan metode pembiasaan untuk menanamkan kecerdasan spiritual islam anak tunagrahita ringan di SLB Putra Idhata Madiun diterapkan dalam pembiasaan kegiatan sehari-hari. Kegiatan tersebut seperti: pembiasaan berdo'a sebelum dan sesudah pembelajaran, pelaksanaan wudhu sebelum shalat *Dzuhur*, mengucapkan salam sebelum memasuki ruangan, berjabat tangan ketika bertemu dengan guru, pemberian materi pendidikan agama islam dan peringatan hari besar islam (2) Keberhasilan metode pembiasaan dipengaruhi oleh peran guru, dukungan orang tua, dan lingkungan sekolah. Hambatan seperti minimnya keterlibatan orang tua, keterbatasan inovasi guru, dan kesulitan siswa dalam memahami instruksi memerlukan sinergi agar nilai keagamaan tertanam efektif.

Berdasarkan kesimpulan, peneliti mengajukan beberapa saran, berupa: (1) Kepada SLB Putra Idhata Madiun untuk memberikan perhatian lebih kepada anak tunagrahita yang kesulitan mengikuti pembiasaan atau mengontrol emosi, (2) Para guru diharapkan lebih kreatif dalam pembelajaran dan penerapan metode pembiasaan, serta memahami karakter siswa untuk memberikan penanganan yang tepat, (3) Orang tua diharapkan melanjutkan metode pembelajaran sekolah di rumah dengan bimbingan penuh kasih sayang.

Kata Kunci: *Metode Pembiasaan, Kecerdasan Spiritual Islam, Tunagrahita Ringan, SLB Putra Idhata Madiun.*

ABSTRACT

THE APPLICATION OF HABITUATION METHODS IN INSTILLING ISLAMIC SPIRITUAL INTELLIGENCE ON CHILDREN WITH MILD INTELLECTUAL DISABILITY AT SLB PUTRA IDHATA MADIUN

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Mildly intellectually disabled children require a special approach in instilling Islamic spiritual intelligence. The habituation method is effective in forming habits of worship and Islamic values. Its success depends on the support of family, teachers and the environment. This study examines the application of the habituation method as well as its supporting and inhibiting factors.

The purpose of this study is to: (1) To find out the Application of the Habituation Method to instill Islamic Spiritual Intelligence of Children with Mild intellectual disability in SLB Putra Idhata Madiun. (2) To find out the supporting and inhibiting factors in the application of the habituation method in SLB Putra Idhata Madiun.

This research was conducted with a qualitative research method with a field study approach by taking the research setting at SLB Putra Idhata Madiun in May-December 2024. Data collection methods used observation, interviews, and documentation. The data analysis method in the study used interactive analysis with data collection steps, data reduction, data presentation and conclusions.

From this study, it was concluded that: (1) The application of the habituation method to instill Islamic spiritual intelligence of mildly disabled children in SLB Putra Idhata Madiun is applied in the habituation of daily activities. These activities such as: habituation of praying before and after learning, performing ablutions before *Dzuhur* prayer, saying greetings before entering the room, shaking hands when meeting the teacher, providing Islamic religious education material and commemorating Islamic holidays (2) The success of the habituation method is influenced by the role of the teacher, parental support, and the school environment. Obstacles such as the lack of parental involvement, limited teacher innovation, and students' difficulty in understanding instructions require synergy so that religious values are embedded effectively.

Based on the conclusions, the researchers proposed several suggestions, in the form of: (1) To SLB Putra Idhata Madiun to pay more attention to children with intellectual disabilities who have difficulty following habituation or controlling emotions, (2) Teachers are expected to be more creative in learning and applying habituation methods, and understanding student characters to provide appropriate handling, (3) Parents are expected to continue school learning methods at home with loving guidance.

Keywords: *Application, Habituation Method, Islamic Spiritual Intelligence, Mild*

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Tunagrahita, SLB Putra Idhata Madiun.

DECISION OF SUPERVISOR

Honorable,
Dean of Faculty of Tarbiyah
University of Darussalam Gontor

Bismillahirrahmanirrahim,
Assalamu'alaikum Wr. Wb.

It is my honor to present the thesis written by:

Nama	: Ana Walidatush Sholihah
Student Number	: 42.2021.1.1.3019
Faculty	: Tarbiyah
Department	: Islamic Education
Title	: The Application Of Habituation Methods To Instill Islamic Spiritual Intelligence In Children With Mild Intellectual Disability (Case Study At SLB PUTRA IDHATA MADIUN)

I declare that this thesis has been processed and corrected to fulfil the requirement for the degree of Licentiate in the Faculty of Tarbiyah. Therefore, I request that the thesis could be examined soon.

Wassalamu'alaikum Wr. Wb

Gontor, 30 Jumadal Akhir 1446 H

31 Desember 2024 M

Supervisor


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DECISION OF THE TEAM

The committee of the thesis examination in partial fulfillment of the requirements for the degree of Licentiate in Islamic Education in The Faculty of Tarbiyah, University of Darussalam Gontor, Indonesia, declared that the thesis written by:

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The Title : The Application Of Habituation Methods In Instilling Islamic Spiritual Intelligence On Children With Mild Intellectual Disability At SLB PUTRA IDHATA MADIUN


Had been examined on

The board of examiners has decided to grant her passed in the thesis examination. Hence, she is eligible to be awarded the degree of Licentiate in Islamic Education in The Faculty of Tarbiyah.

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Chairman,



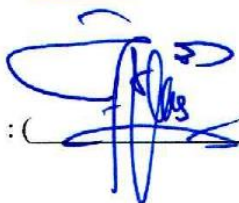
Syarifah, M.Pd.I

1. Mr. Dr. Agus Budiman, M.Pd.



: ()

2. Mr. Muhammad Syamsul Arifin, M.Pd.



: ()

STATEMENT OF ORIGINALITY

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Instilling Islamic Spiritual Intelligence On Children
With Mild Intellectual Disability At SLB PUTRA
IDHATA MADIUN

I declare sincerely that this thesis originally belongs to my own work and does not belong to other researchers for different degree. Furthermore, the thesis is not work published before, except some parts with their original references.

Otherwise, if it found that this thesis obtains plagiarism, I'm ready to be ceased academically.

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Researcher,



Ana Walidatush Sholihah

MOTTO

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لَا يُلْغُ الْمَرْءُ مُنْتَهَىٰ أَرْبِهِ، إِلَّا بِعِلْمٍ يَجِدُ فِي طَلَبِهِ

*"Be the light in the midst of darkness, be the hand that reaches
out to help when others are in need. "*



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DEDICATION

I dedicate this worthy thesis to them for their continued support in finishing this thesis. First of all, to Allah, The Almighty, The Most Merciful, The Most Compassionate, The King, The Powerful, The Most Gentle, and The Gracious. My Prophet Muhammad, The Light of Humanity, Most Believable, Most Trusteeship, Most Intelligence, and The Noblest to become *rahmatan lil-'alamin*.

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Researcher,

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