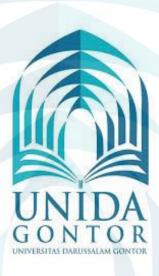
THESIS

FORMULATION OF GEL COMBINING BILIMBI WULUH EXTRACT (Averrhoa bilimbi L) AND LIME JUICE (Citrus aurantifolia S.) ON THE

INHIBITION OF Staphylococcus aureus



Prepared by:

Kharisma Khozana Azzahra NIM 422021718042

DEPARTEMENT OF PHARMACY
FACULTY OF HEALTH SCIENCES
UNIVERSITY OF DARUSSALAM GONTOR
PONOROGO

2025

THESIS

To fulfill some requirements

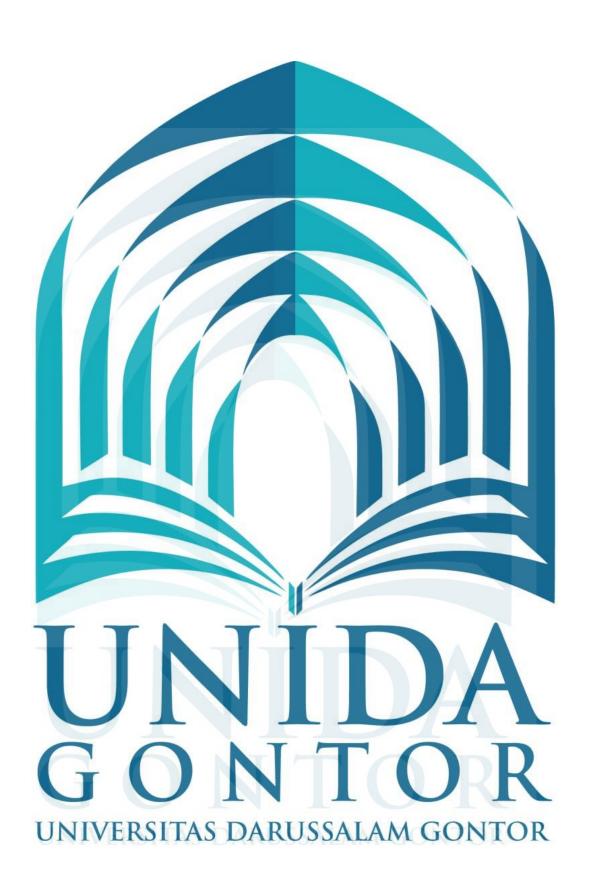
Obtained Bachelor of Pharmacy

Prepared by: Kharisma Khozana Azzahra NIM 422021718042

Supervisor:

Dr. Solikah Ana Estikomah, M.Si apt. Satwika Budi Sawitri, S.Farm, M. Farm

DEPARTEMENT OF PHARMACY
FACULTY OF HEALTH SCIENCES
UNIVERSITY OF DARUSSALAM GONTOR
PONOROGO
2025



ABSTRAK

FORMULASI GEL KOMBINASI EKSTRAK BUAH BELIMBING WULUH (Averrhoa bilimbi L) dan AIR PERASAN JERUK NIPIS (Citrus aurantifolia S.) TERHADAP PENGHAMBATAN Staphylococcus aureus

Kharisma Khozana Azzahra 422021718042

Penggunaan antibiotik seperti tetrasiklin, eritromisin dan klindamisin mengakibatkan resistensi terhadap antibiotik serta iritasi kulit, sehingga diperlukan alternatif pengobatan yang lebih aman dengan menggunakan bahan alami seperti buah belimbing wuluh (Averrhoa bilimbi L.) dan air perasan jeruk nipis (Citrus aurantifolia S.) yang mengandung flavonoid, alkaloid, tanin dan saponin sebagai antibakteri. Penelitian ini bertujuan untuk mengetahui evaluasi karakteristik fisik sediaan gel kombinasi ekstrak buah belimbing wuluh (Averrhoa bilimbi l) dan air perasan jeruk nipis (Citrus aurantifolia s.) serta menguji aktivitas antibakterinya aureus. Penelitian ini menggunakan terhadap Staphylococcus eksperimental laboratorium dengan formulasi sediaan gel dalam lima variasi kombinasi konsentrasi ekstrak buah belimbing wuluh dan air perasan jeruk nipis yang sama yaitu 12%, 9%, 6%, 3%, dan 0%. Hasil penelitian menunjukkan bahwa sediaan gel kombinasi ekstrak buah belimbing wuluh (Averrhoa bilimbi L) dan air perasan jeruk nipis (Citrus aurantifolia S.) memiliki potensi aktivitas antibakteri pada formula 1 dengan konsentrasi ekstrak buah belimbing wuluh 12% menghasilkan zona hambat paling besar yaitu 11,25 mm yang hampir setara dengan kontrol positif. Penelitian terhadap ekstrak buah belimbing wuluh dan air perasan jeruk nipis yang memiliki aktivitas antibakteri dapat dimanfaatkan secara baik untuk memenuhi kegutuhan sehari-hari.

Kata Kunci: Bakteri, belimbing wuluh, gel, jeruk nipis.



ABSTRACT

FORMULATION OF GEL COMBINING BILIMBI WULUH EXTRACT

(Averrhoa bilimbi L) AND LIME JUICE (Citrus aurantifolia S.) ON THE

INHIBITION OF Staphylococcus aureus

Kharisma Khozana Azzahra 422021718042

The use of antibiotics such as tetracycline, erythromycin, and clindamycin has resulted in antibiotic resistance and skin irritation. Therefore, a safer alternative treatment using natural ingredients such as bilimbi fruit (Averrhoa bilimbi L.) and lime juice (Citrus aurantifolia S.) is needed. These ingredients contain flavonoids, alkaloids, tannins, and saponins, which act as antibacterial agents. This study aimed to evaluate the physical characteristics of the gel formulation combining bilimbi fruit extract and lime juice, as well as to test its antibacterial activity against Staphylococcus aureus. This research used an experimental laboratory method with gel formulations in five variations of equal concentration combinations of bilimbi fruit extract and lime juice, namely 12%, 9%, 6%, 3%, and 0%. The results showed that the gel formulation combining bilimbi fruit extract (Averrhoa bilimbi L.) and lime juice (Citrus aurantifolia S.) exhibited antibacterial potential, with Formula 1 containing 12% bilimbi fruit extract producing the largest inhibition zone of 11.25 mm, which was nearly equivalent to the positive control. The study on bilimbi fruit extract and lime juice, which possess antibacterial activity, can be effectively utilized for daily needs.

Keywords: Bacteria, bilimbi wuluh, gel, lime.



VALIDITY SHEET

VALIDITY SHEET

It is hereby stated that the thesis with the title:

FORMULATION OF GEL COMBINING BILIMBI WULUH EXTRACT (Averrhou bilimbi L) AND LIME JUICE (Citrus aurantifolia S.) ON THE INHIBITION OF Staphylococcus aureus

Written:

Kharisma Khozana Azzahra

NIM 422021718042

Has been tested and approved & before the Thesis Examiner Board

Ow

Examiner Board:

Supervisor I

Dr. Solikah Ana Estikomah, M.St.

NIDN. 0223048501

Supervisor II

apt. Satwika Budi Sawitri, S.Farm, M. Farm.

NIDN. 0721118402

Examiner

Anggun Mahirotun Nur Solikah, M.Farm.

NIDN: 0716089501

Aproved by:

Head of Pharmacy Department Faculty of Health Science, University of Darussalam Gontor

Apt. Nadia Iha Fatihah, M.Clin.Pharm.

NIDN_0714059105

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AUTHENTICITY STATEMENT

AUTHENTICITY STATEMENT

It is hereby declared by,

Nama : Kharisma Khozana Azzahra

NIM : 422021718042
Fakultas : Ilmu Kesehatan
Program studi : Farmasi

Judul penelitian : Formulasi Gel Kombinasi Ekstrak Buah Belimbing Wuluh (Averrhoa

bilimbi L) dan Air Perasan Jeruk Nipis (Citrus aurantifolia S.) Terhadap

Penghambatan Staphylococcus aureus

I sincerely declare that the research contained in this thesis is my own work and does not belong to anyone else. This thesis has never been published before, except for some parts with original references.

If in the future it is found that this work is plagiarism, I am ready to be given administrative and academic sanctions.

Ponorogo, 26th February 2025 Writer,

Kharisma Khozara Azzahra NIM. 422021718042

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Ponorogo, February 28 2025

Author

Kharisma Khozana Azzahra

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