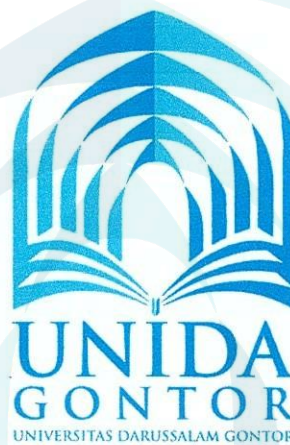




**ANALYSIS THE APPLICATION OF THE TADABBUR  
VERSE METHOD IN LEARNING TAHFIDZ AL-  
QUR'AN AT PONDOK PESANTREN MODERN  
AYATUNA QUR'AN ACADEMY YOGYAKARTA**



By

**Putri Aprilia Utami**

**SID. 42.2021.238151**

**QUR'ANIC SCIENCES AND TAFSIR DEPARTMENT  
FACULTY OF USHULUDDIN  
UNIVERSITY OF DARUSSALAM GONTOR  
1446/2025**

**ANALYSIS THE APPLICATION OF THE TADABBUR  
VERSE METHOD IN LEARNING TAHFIDZ AL-QUR'AN AT  
PONDOK PESANTREN MODERN AYATUNA QUR'AN  
ACADEMY YOGYAKARTA**

**THESIS**

**Presented to**

**University of Darussalam Gontor  
In Partial Fulfilment of Requirement  
For the Bachelor's Degree  
In Qur'anic Sciences and Tafsir Department**

**Arranged By**

**Putri Aprilia Utami  
SID 42.2021.238151**

**Supervisor**

**Rochmad, M.A., Ph.D.  
NIDN. 2114048703**

**QUR'ANIC SCIENCES AND TAFSIR DEPARTMENT  
FACULTY OF USHULUDDIN  
UNIVERSITY OF DARUSSALAM GONTOR  
1446/2025**



UNIDA  
GONTOR

UNIVERSITAS DARUSSALAM GONTOR



## ABSTRAK

### ANALISIS PENERAPAN METODE TADABBUR AYAT DALAM PEMBELAJARAN TAHFIDZ AL-QUR'AN DI PONDOK PESANTREN MODERN AYATUNA QUR'AN ACADEMY YOGYAKARTA

**Putri Aprilia Utami**

**422021238151**

Penelitian ini bertujuan untuk menganalisis penerapan metode tadabbur ayat dalam pembelajaran tahfidz Al-Qur'an di Pondok Pesantren Modern Ayatuna Qur'an Academy Yogyakarta. Metode penelitian yang digunakan adalah kualitatif dengan pendekatan studi kasus. Data diperoleh melalui observasi, wawancara dengan pengasuh dan santri, serta dokumentasi kegiatan pembelajaran. Hasil

penelitian menunjukkan bahwa metode tadabbur ayat diterapkan melalui pemahaman makna, refleksi nilai-nilai kandungan ayat, serta penginternalisasian dalam kehidupan sehari-hari.

Penerapan metode ini terbukti membantu santri dalam menghafal Al-Qur'an dengan lebih bermakna, meningkatkan pemahaman dan kedekatan spiritual terhadap ayat-ayat yang dihafal. Faktor pendukung keberhasilan metode ini meliputi lingkungan pesantren yang kondusif, bimbingan ustadz yang kompeten, serta integrasi metode tadabbur dalam kurikulum pembelajaran.

Namun, terdapat beberapa tantangan seperti perbedaan kemampuan santri dalam memahami tafsir ayat dan keterbatasan waktu dalam proses pembelajaran. Kesimpulannya, metode tadabbur ayat dapat menjadi strategi efektif dalam meningkatkan kualitas hafalan dan pemahaman Al-Qur'an bagi santri.

Dalam penelitian ini masih terdapat kekurangan, yaitu keterbatasan sampel, waktu penelitian yang terbatas, Tingkat pemahaman santri yang beragam, subjektivitas dalam analisis data. Maka diharapkan penelitian-penelitian selanjutnya dapat melengkapi kekurangan-kekurangan yang ada. Tujuannya agar para santri dapat mentadabburi ayat Al-Qur'an dengan lebih baik.

**Kata Kunci:** Metode, *Tadabbur* Ayat.

UNIVERSITAS DARUSSALAM GONTOR

## ABSTRACT

### ANALYSIS THE APPLICATION OF THE TADABBUR VERSE METHOD IN LEARNING TAHFIDZ AL-QUR'AN AT PONDOK PESANTREN MODERN AYATUNA QUR'AN ACADEMY YOGYAKARTA

Putri Aprilia Utami  
422021238151

This study aims to analyze the application of the tadabbur verse method in learning tahfidz Al-Qur'an at Pondok Pesantren Modern Ayatuna Qur'an Academy Yogyakarta. The research method used is qualitative with a case study approach. Data were obtained through observation, interviews with caregivers and students, and documentation of learning activities. The results showed that the tadabbur verse method was applied through understanding the meaning, reflecting on the values of the verse content, and internalizing it in everyday life.

The application of this method is proven to help students memorize the Qur'an more meaningfully, increase understanding and spiritual closeness to the memorized verses. Supporting factors for the success of this method include a conducive pesantren environment, competent ustadz guidance, and integration of the tadabbur method in the learning curriculum.

However, there are several challenges such as differences in the ability of students to understand the interpretation of verses and limited time in the learning process. In conclusion, the tadabbur verse method can be an effective strategy in improving the quality of memorization and understanding of the Qur'an for students.

In this research there are still shortcomings, namely limited samples, limited research time, diverse levels of understanding of students, subjectivity in data analysis. So it is hoped that the following studies can complement the existing shortcomings. The goal is that students can better meditate on Al-Qur'an verses.

**Keywords:** Method, *Tadabbur Verse*.

To Honorable,

**Dean of Faculty of Ushuluddin**

**University of Darussalam Gontor**

*Bismillahirrahmanirrahim,  
Assalamualaikum Warahmatullahi Wabarakatuh.*

It is my honor to present this thesis written by:

Name : Putri Aprilia Utami

Reg. Number: 422021238151

Title : Analysis of The Application of The Tadabbur Verse  
Method in Learning Tahfidz Al-Qur'an at Pondok Pesantren Modern  
Ayatuna Qur'an Academy Yogyakarta.

I Declare that this thesis has been processed and corrected to fulfill  
the requirement for the degree of licentiate in Qur'anic Sciences and Tafsir  
Department in the Faculty of Ushuluddin, University of Darussalam  
Gontor. Therefore, I Request that the thesis could be examined soon.

*Wassalamualaikum Warahmatullahi Wabarakatuh.*

Ponorogo, 06 Sya'ban 1446 H

05 February 2025 M

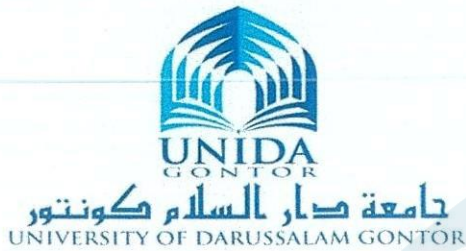
Supervisor



Rochmad, M.A., Ph. D

UNIDA  
GONTOR  
UNIVERSITAS DARUSSALAM GONTOR





## Faculty of Ushuluddin

### كلية أصول الدين

*Assalamualaikum Warahmatullahi Wabarakatuh.*

The Faculty of Ushuluddin, University of Darussalam Gontor-Ponorogo, Indonesia, has received a thesis written by:

Name : Putri Aprilia Utami

Reg. Number: 422021238151

The Title : Analysis of The Application of The Tadabbur Verse Method in Learning Tahfidz Al-Qur'an at Pondok Pesantren Modern Ayatuna Qur'an Academy Yogyakarta.

In partial fulfilment of the requirement for the degree of Licentiate **Al-Qur'an and Tafsir Science** in the Faculty of Ushuluddin, academic year 1445-1446 H/2024-2025 M.

*Wassalamualaikum Warahmatullahi Wabarakatuh.*

Ponorogo, 28 Sya'ban 1446 H

27 February 2025 M

Dean of Faculty of Ushuluddin,

  
Syamsul Hadi Untung, MA., M.L.S.





## Faculty of Ushuluddin كلية أصول الدين

The committee holds the thesis examination in partial fulfilment of the requirements for the degree of Licentiate in Qur'anic Sciences and Tafsir Department in the Faculty of Ushuluddin, University of Darussalam Gontor on:

Day/ Date : Monday, 03 March 2025  
Place : Faculty of Ushuluddin Office

The thesis written by:

Name : Putri Aprilia Utami  
Faculty/Department: Ushuluddin/Al-Qur'an and Tafsir Science  
Reg. Number : 422021238151  
The Title : Analysis of The Application of The Tadabbur Verse Method in Learning Tahfidz Al-Qur'an at Pondok Pesantren Modern Ayatuna Qur'an Academy Yogyakarta.

Decided to grant her pass in the thesis examination. Hence, she is eligible to be awarded the degree of Licentiate in Al-Qur'an and Tafsir Science in the Faculty of Ushuluddin, University of Darussalam Gontor.

Chief of Examination Board,

Secretary,

(Rochmad Rochmad, M.A., Ph. D)

(Niken Sylvia Puspitasari, M.Us.)

1<sup>st</sup> Examiner: Ahmad Fadly Rahman Akbar, M.Us. (

2<sup>nd</sup> Examiner: Niken Sylvia Puspitasari, S.Pd., M.Si. (

I here by,

Name : Putri Aprilia Utami  
Reg. Number : 422021238151  
Faculty : Ushuluddin  
Program Study : Al-Qur'an and Tafsir Science  
The Title : Analysis of The Application of The Tadabbur  
Verse Method in Learning Tahfidz Al-Qur'an at  
Pondok Pesantren Modern Ayatuna Qur'an  
Academy Yogyakarta.

I sincerely declared that the research in this thesis is my own work and doesn't belong to anyone else. Except for some parts with original references, this thesis has never been published before. Declared sincerely that this thesis originally belongs to my own work and doesn't belong to another researcher for a different degree. Furthermore, this thesis is not a work published before, except some parts with their original references.

If it is later determined that this work is plagiarized, I accept administrative and academic penalties.

Ponorogo, 03 Ramadhan 1446 H

03 March 2025 M

Writer,



Putri Aprilia Utami



## MOTTOES

أَفَلَا يَتَدَبَّرُونَ الْقُرْآنَ ۚ وَلَوْ كَانَ مِنْ عِنْدِ غَيْرِ اللَّهِ لَوَجَدُوا فِيهِ اخْتِلَافًا كَثِيرًا

*So have they not considered the Quran? If it had not been from Allah, they would have found in it many contradictions.*

(An-nisa: 82)

أَفَلَمْ يَدَّبَّرُوا الْقَوْلَ أَمْ جَاءَهُمْ مَا لَمْ يَأْتِ آبَاءَهُمُ الْأَوَّلِينَ

*So have they not heeded (Our) words, or has there come to them what never came to their fathers?*

(Al-Baqarah: 214)

UNIDA  
GONTOR  
UNIVERSITAS DARUSSALAM GONTOR



## DEDICATION

I dedicate this thesis to:

My most beloved parents, *Bapak* (Edi Yunus),

and *ibu* (Almh. Endang Suryani),

and *Bunda* (Liana)

with their love and support, I could survive in every single time of my life.

UNIDA  
GONTOR

UNIVERSITAS DARUSSALAM GONTOR



## ACKNOWLEDGEMENT

All praises to be upon to Allah SWT, the most Merciful and Beneficence, which has given us to countless life, enjoyment, opportunity, experience and happiness. Do not forget also to Prophet Muhammad *Salallahu 'Alaihi wa Sallam*, as leader of the faithful, an exemplary example motivates us to always strive hard in God's way and provide aid day apocalypse.

The researcher is fully aware that this arrangement will not be successful without the contribution, motivation, helping aid, encouragement, direction and guidance from the various parties. Therefore, with all modesty, researcher have expressed thanks and high appreciation to:

1. The Head Masters of Modern Islamic Boarding School Darussalam Gontor, KH Hasan Abdullah Sahal, Drs. KH.M.Akrim Mariyat, Dipl. Ed., Prof.Dr.K.H. Amal Fathullah Zarkasyi, M.A who have allowed the researcher to study at University of Darussalam Gontor.
2. The Rectors of University of Darussalam Gontor: Prof Dr. KH Hamid Fahmy Zarkasyi, M.Ed., M.Phil., Dr. H. Abdul Hafidz Zaid, M.A., Dr. Setiawan bin Lahuri, M.A., Dr. Khoirul Umam, M.Ec and Royyan Ramdhani Djayusman, Ph.D.
3. Assoc. Prof. Dr. Fairuz Subakir, M.A., Assoc. Prof. Dr. KH Nurhadi Ihsan, MIRKH, Dr. Cecep Sobar Rochmat, M.Pd.I, Dr. Asif Trisnani, LC, M.Ag. the Director of the University of Darussalam Gontor Female Campus, Dean of Ushuluddin Faculty, Syamsul Hadi Untung, M.A. M.Ls., and also the Head

of Department of Al-Qur'an and Tafseer Studies, Ahmad Fadly Rahman Akbar, M. Us for accepting me as one of the students

4. Dear Mr Syamsul Hadi Untung, M.A., M.LS., as the Dean of Faculty of Ushuluddin, University of Darussalam Gontor.

5. Dear Mr. Ahmad Fadly Rahman Akbar, M.Us. as the Head of Al-Qur'an and Tafsir Science Department at University of Darussalam Gontor.

6. Honorable supervisor, Mr. Rochmad, M.A., Ph.D. for her worthy guidance and suggestions in supervising this thesis.

7. All of the lectures University of Darussalam Gontor for their education during the study of the writer/researcher in the Fakultas Ushuluddin 61 University.

8. My siblings brothers and sisters, Dien Sari Mulia, Nosa Anggraini, Fabian Taufik Pahlevi, Gilang Ramadhan Al-Hafiz, Nafisa Citra Asy-Syahida. For their support and pray in writing this thesis.

9. My partner in all conditions, Isna Aini Rifqiati, Siti Nurjannah, Cholifatuz zahro, Nayla Al-Haevzy, Sarah Al-Faruq, Zakiatul Husna, Amilia Annisa Tsamara Wasilatri, Rizkyatun Na'imah, Havika Juliasmi, Tania Azzahra, Arnes Sophia, Opin Agus Rini. For the support, for his motivation, prayers, and time that has been given to me since I became a new student until I finished writing this thesis.

10. All my friends for their contribution and togetherness in completing this thesis and influencing my life.

11. All of my family who have supported me from the time I was a child. Thanks to them for making me stronger and until I am at this point. Both my aunties and uncles, as well as my beloved cousins and nephews.

May Allah reciprocate a proportionate reward and bless them and may this humble thesis be valuable and useful for the readers especially for the writer/researcher.

UNIDA Gontor, 2025

1446 H

Author,



Putri Aprilia Utami



UNIDA  
GONTOR  
UNIVERSITAS DARUSSALAM GONTOR