

STATEMENT SHEET

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Title : **The Relationship Between The Duration Of Watching Korean Dramas With Physical Activity And Nutritional Status In Female Students Of Universitas Darussalam Gontor**

Hereby state that this thesis is an original work submitted to fulfill one of the requirements to obtain a Bachelor's Degree (S1) in the International Relations Department, Faculty of Humanities, University of Darussalam Gontor. All sources used in this thesis have been attached following the seems and if in the future it is proven that this work is not original or is plagiarized from other's work. Then I am willing to accept the applicable sanctions.

Mantingan, 23 October 2025

Researcher

A yellow rectangular stamp with a red border and a red circular emblem in the center. The text "10000" is printed vertically on the left, and "METRO" is printed horizontally in the center. Below the emblem, the text "5147CAJX 104" is visible. A blue ink signature is written over the stamp.

Nur Hidayatul Fatonnah Iha